

# On the orbits of an operator with spectral radius one

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Recently, V. Müller proved the following result. Let  $T$  be a bounded operator on a complex Banach space  $X$  with  $r(T) = 1$ . Then for all  $0 < \epsilon < 1$  and  $(\alpha_n) \in c_0$  of norm one there is a norm one vector  $x \in X$  such that

$$\|T^k x\| \geq (1 - \epsilon)|\alpha_k|, \quad \forall k = 0, 1, 2, \dots$$

In this note, we give a completely elementary proof for the power bounded case, which works in the real case as well. Also, we give some analogous results for the weak orbits  $\langle x^*, T^n x \rangle$ .

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## 0. Introduction

In [M], V. Müller proved the following theorem.

**Theorem.** *Let  $T$  be a bounded operator on a complex Banach space  $X$  with spectral radius  $r(T) = 1$ . Then for all  $0 < \epsilon < 1$  and  $(\alpha_n) \in c_0$  of norm one there is a norm one vector  $x \in X$  such that*

$$\|T^k x\| \geq (1 - \epsilon)|\alpha_k|, \quad \forall k = 0, 1, 2, \dots$$

For bounded operators on a Hilbert space, the above result was proved by Beauzamy [B, Thm. III.2.A.1]. He also shows that if there is no point spectrum on  $\{|z| = 1\}$ , such an  $x$  can be found in any ball of radius one.

For an application of the Theorem to stability theory of semigroups of operators, see [N].

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The proof given in [M] relies on results from Fredholm theory. In fact, in case  $r_e(T) < r(T) = 1$ , where  $r_e(T)$  is the essential spectral radius, there is an unimodular eigenvalue, and the theorem is trivial. The actual proof therefore concentrates on the case  $r_e(T) = r(T)$ .

For power bounded operators  $T$ , we will give a completely elementary proof of the Theorem. We do not use spectral theory, and our method works for both real and complex Banach spaces. In the case of a real Banach space, we define  $r(T) = r(T_{\mathbb{C}})$ , where  $T_{\mathbb{C}}$  is the complexification of  $T$ ; cf. [Ru].

As usual,  $c_0$  denotes the Banach space of all sequences  $\alpha = (\alpha_n)_{n=0}^{\infty}$  that converge to zero, with norm  $\|\alpha\| = \sup_n |\alpha_n|$ .

## 1. Proof of the Theorem for power bounded operators

**Lemma 1.** *Suppose  $T$  is a bounded operator on a real or complex Banach space  $X$  with  $r(T) = 1$ . Then there exists a constant  $C > 0$  with the following property. For each sequence  $\alpha \in c_0$  of norm  $\leq 1$  there exists a norm one vector  $x \in X$  and a subsequence  $(n_k)$  such that*

$$\|T^{n_k}x\| \geq C|\alpha_k|, \quad \forall k = 0, 1, 2, \dots$$

*Proof:* First note that we may assume without loss of generality that  $T^n \rightarrow 0$  strongly. In particular, by the uniform boundedness theorem there is a constant  $M$  such that  $\sup_n \|T^n\| = M < \infty$ . Let  $\alpha \in c_0$  be of norm one. Fix  $0 < c < \frac{1}{2}M^{-1}$ , fix  $0 < \delta < c$  and choose  $m$  so large that

$$2^{-m+1} + M \sum_{i=1}^{\infty} 2^{-mi} < \delta \quad \text{and} \quad \sum_{i=0}^{\infty} 2^{-mi} < 1 + \delta.$$

(In fact, the second is implied by the first).

Put  $N_{-1} = -1$ ,  $M_{-1} = -1$ . Choose  $N_0 \geq 0$  such that  $|\alpha_i| \leq 2^{-m}$ ,  $\forall i \geq N_0$ .

In the complex case,  $r(T) \geq 1$  implies that  $\|T^n\| \geq 1$  for all  $n \in \mathbb{N}$ . In the real case, we use that  $\|T_{\mathbb{C}}\| \leq 2\|T\|$  to conclude that  $r(T) \geq 1$  implies  $\|T^n\| \geq \frac{1}{2}$  for all  $n \in \mathbb{N}$ . In either case, the choice of  $c$  implies that there is a norm one vector  $x_0 \in X$  such that  $\|T^{N_0}x_0\| \geq cM$ . For all  $n = 0, 1, \dots, N_0$  we have  $\|T^n x_0\| \geq M^{-1}\|T^{N_0}x_0\| \geq c$ . Put  $n_j := j$ ,  $j = 0, \dots, N_0$ . Since  $\lim_n \|T^n x_0\| = 0$ , we may choose  $M_0$  such that  $\|T^n x_0\| \leq 2^{-m}$ , for all  $n \geq M_0$ .

Inductively, suppose norm one vectors  $x_0, x_1, \dots, x_{l-1} \in X$ , and numbers  $N_0 < N_1 < \dots < N_{l-1}$  and  $n_1 < n_2 < \dots < n_{N_{l-1}}$  and  $M_0, \dots, M_{l-1}$  have been chosen subject to the following conditions:

- (a)  $|\alpha_i| \leq 2^{-m(j+1)}$ ,  $\forall i \geq N_j$ ;  $j = 0, 1, \dots, l-1$ ;
- (b)  $n_{N_{j-1}+1} \geq M_{j-1}$ ,  $\forall j = 0, 1, \dots, l-1$ ;

- (c)  $\|T^{n_k} x_j\| \geq c, \forall k = N_{j-1} + 1, \dots, N_j; j = 0, \dots, l-1.$   
(d)  $\|T^n x_i\| \leq 2^{-m(j+2)}, \forall 0 \leq i \leq j$  and  $n \geq M_j; j = 0, 1, \dots, l-1.$

Choose  $N_l \geq N_{l-1} + 1$  such that  $|\alpha_i| \leq 2^{-m(l+1)}, \forall i \geq N_l.$  Then (a) holds for the induction variable  $l.$  Choose a norm one vector  $x_l \in X$  and numbers  $n_{N_{l-1}+1} < \dots < n_{N_l}$  such that  $n_{N_{l-1}+1} > n_{N_{l-1}}, n_{N_{l-1}+1} \geq M_{l-1}$  (this is (b)) and

$$\|T^{n_k} x_l\| \geq c, \quad k = N_{l-1} + 1, \dots, N_l.$$

Then (c) is satisfied. Finally, choose  $M_l$  such that

$$\|T^n x_i\| \leq 2^{-m(l+2)}, \quad \forall 0 \leq i \leq l \text{ and } n \geq M_l.$$

Then again (a)-(d) hold for the value  $l.$  Continue this process by induction. Put

$$x := \sum_{j=0}^{\infty} 2^{-mj} x_j.$$

Now let  $k$  be a fixed integer and choose  $j \geq 0$  such that  $N_{j-1} + 1 \leq k \leq N_j.$  If  $j \geq 1,$  then by (a) and the fact that  $k \geq N_{j-1}$  we have,

$$2^{-mj} = 2^{-m[(j-1)+1]} \geq |\alpha_k|.$$

In case  $j = 0,$  note that this inequality holds trivially. By (b) we have  $n_k \geq n_{N_{j-1}+1} \geq M_{j-1}$  and consequently, by (d), for all  $0 \leq i \leq j-1$  we have  $\|T^{n_k} x_i\| \leq 2^{-m(j+1)}.$  Therefore,

$$\sum_{i=0}^{j-1} 2^{-mi} \|T^{n_k} x_i\| \leq 2^{-m(j+1)+1}.$$

Also, we have the trivial estimate

$$\sum_{i=j+1}^{\infty} 2^{-mi} \|T^{n_k} x_i\| \leq 2^{-mj} M \sum_{i=1}^{\infty} 2^{-mi}.$$

Therefore,

$$\|T^{n_k} x\| \geq 2^{-mj} \left( c - 2^{-m+1} - M \sum_{i=1}^{\infty} 2^{-mi} \right) \geq 2^{-mj} (c - \delta) \geq |\alpha_k| (c - \delta).$$

Finally, observe that  $x$  has norm  $\leq \sum_{j=0}^{\infty} 2^{-mj} \leq 1 + \delta.$  Hence, by rescaling  $x$  to a norm one vector, for the rescaled  $x$  we obtain

$$\|T^{n_k} x\| \geq \frac{c - \delta}{1 + \delta} |\alpha_k|.$$

This proves the theorem, with  $C = (c - \delta)/(1 + \delta).$  ////

**Theorem 1.2.** *Let  $T$  be a power bounded operator on a real or complex Banach space  $X$  with  $r(T) = 1$ . Then for all  $\epsilon > 0$  and all  $\alpha \in c_0$  of norm one, there exists a norm one vector  $x \in X$  such that*

$$\|T^k x\| \geq (1 - \epsilon)|\alpha_k|, \quad \forall k = 0, 1, 2, \dots$$

*Proof: Step 1.* Put  $\sup_n \|T^n\| = M < \infty$ . Define the equivalent norm  $\|\cdot\|$  on  $X$  by  $\|x\| = \sup_n \|T^n x\|$ . Then  $\|x\| \leq \|x\| \leq M\|x\|$  and  $\|T\| \leq 1$ . Let  $(\beta_n)$  be a norm one sequence in  $c_0$  such that  $\beta_n \downarrow 0$  and  $\beta_n \geq |\alpha_n|$  for all  $n$ . By the Lemma, there exists a vector  $x$  of  $\|\cdot\|$ -norm one and a subsequence  $(n_k)$  such that  $\|T^{n_k} x\| \geq C\beta_k$ . Set  $c := CM^{-1}$ . We have  $\|x\| \leq 1$ , and for all  $k$  we have

$$\|T^k x\| \geq M^{-1} \|T^{n_k} x\| \geq M^{-1} C\beta_k \geq c\beta_k \geq c|\alpha_k|.$$

*Step 2.* We will now show that the constant  $c$  can actually be replaced by  $1 - \epsilon$ . Let  $0 < \epsilon < 1$  be arbitrary and fix a norm one  $(\alpha_n) \in c_0$ . Fix some  $\delta > 0$  such that  $(1 - \delta)(1 + \delta)^{-1} \geq 1 - \epsilon$ . We start by choosing integers  $0 = M_0 < M_1 < \dots$  such that  $|\alpha_k| \leq (1 + \delta)^{-n}$  whenever  $k \geq M_n$ . Next, choose integers  $0 = N_0 < N_1 < \dots$  in such a way that  $N_n \geq M_n$  for each  $n$  and  $N_m + N_n \leq N_{m+n}$  for all  $n, m$ . Define the norm one element  $(\beta_n) \in c_0$  by  $\beta_k = (1 + \delta)^{-n}$  whenever  $N_n \leq k < N_{n+1}$ . Note that  $\beta \geq |\alpha|$ .

We claim that  $\beta_{m+n} \geq (1 + \delta)^{-1} \beta_m \beta_n$ . Indeed, choose  $k_m$  and  $k_n$  such that  $N_{k_m} \leq m \leq N_{k_m+1}$  and  $N_{k_n} \leq n \leq N_{k_n+1}$ . Then  $\beta_m = (1 + \delta)^{-k_m}$  and  $\beta_n = (1 + \delta)^{-k_n}$ , whereas from  $m + n < N_{k_m+1} + N_{k_n+1} \leq N_{k_m+k_n+2}$  we have  $\beta_{m+n} \geq (1 + \delta)^{-k_m-k_n-1}$ . This proves the claim.

Now choose a norm one vector  $y \in X$  such that  $\|T^k y\| \geq c\beta_k$  for all  $k$ , where  $c$  is the constant of Step 1. Let

$$\gamma := \inf_k \frac{\|T^k y\|}{\beta_k}.$$

Note that  $\gamma \geq c$ ; moreover, for all  $k$  we have  $\|T^k y\| \geq \gamma\beta_k$ . Choose an index  $k_0$  such that

$$\frac{\gamma\beta_{k_0}}{\|T^{k_0} y\|} \geq 1 - \delta$$

and put  $x = \|T^{k_0} y\|^{-1} T^{k_0} y$ . Then for all  $n$  we have

$$\|T^n x\| = \frac{\|T^{k_0+n} y\|}{\|T^{k_0} y\|} \geq \frac{\gamma\beta_{k_0+n}}{\|T^{k_0} y\|} \geq (1 - \delta) \frac{\beta_n}{1 + \delta} \geq (1 - \epsilon)|\alpha_n|.$$

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## 2. The weak case

In this section, we will give some partial answers as to whether every operator  $T$  with  $r(T) \geq 1$  has weak orbits that converge to zero arbitrarily slowly.

**Lemma 2.1.** [N, Cor. 2.5] *Let  $X$  be a real or complex Banach space. Let  $\beta_n \geq 0$ ,  $n \in \mathbb{N}$ , and assume that  $\sum_{n=0}^{\infty} \beta_n = \infty$ . If  $1 \leq p < \infty$  and  $T$  is a bounded operator such that*

$$\sum_{n=0}^{\infty} \beta_n |\langle x^*, T^n x \rangle|^p < \infty, \quad \forall x \in X, x^* \in X^*,$$

then  $r(T) < 1$ .

**Theorem 2.2.** *Let  $T$  be a bounded operator on a real or complex Banach space  $X$  with  $r(T) = 1$ . Let  $\alpha \in c_0$  be of norm one. Then each sequence  $(n_k)$  has a subsequence  $(n_{k_j})$  with the property that there exist norm one vectors  $x \in X$ ,  $x^* \in X^*$  such that*

$$|\langle x^*, T^{n_{k_j}} x \rangle| \geq |\alpha_{k_j}|, \quad j = 0, 1, \dots$$

*Proof:* By replacing  $\alpha_n$  by  $\sup_{k \geq n} |\alpha_k|$ , we may assume that  $\alpha_0 = 1$  and  $\alpha_n \downarrow 0$ . Put  $N_0 := -1$  and for  $k = 1, 2, \dots$  put

$$N_k := \max\{n \in \mathbb{N} : \alpha_n \geq k^{-1}\}.$$

Then for  $0 \leq n \leq N_1$  we have  $\alpha_n = 1$  and for  $k \geq 1$  and  $N_k + 1 \leq n \leq N_{k+1}$  we have  $(k+1)^{-1} \leq \alpha_n < k^{-1}$ . Define the sequence  $(\beta_n)$  by  $\beta_n = 1$ ,  $n = 0, \dots, N_1$ , and

$$\beta_n := k^{-1}(N_{k+1} - N_k)^{-1}, \quad n = N_k + 1, \dots, N_{k+1}; \quad k = 1, 2, \dots$$

Then  $\sum_{n=0}^{\infty} \beta_n = \infty$ , and

$$\sum_{n=0}^{\infty} \alpha_n \beta_n \leq N_1 + 1 + \sum_{k=1}^{\infty} (N_{k+1} - N_k) \cdot k^{-1} \cdot k^{-1} (N_{k+1} - N_k)^{-1} < \infty.$$

Let  $(n_k)$  be any given sequence, and define  $(\tilde{\beta}_n)$  by

$$\tilde{\beta}_j := \begin{cases} \beta_k, & \text{if } j = n_k \text{ for some } k; \\ 0, & \text{else.} \end{cases}$$

Then  $\sum_{j=0}^{\infty} \tilde{\beta}_j = \sum_{n=0}^{\infty} \beta_n = \infty$ . By Lemma 2.1, there exist  $x \in X$  and  $x^* \in X^*$  such that

$$\sum_{j=0}^{\infty} \tilde{\beta}_j |\langle x^*, T^j x \rangle| = \sum_{k=0}^{\infty} \beta_k |\langle x^*, T^{n_k} x \rangle| = \infty.$$

Since  $\sum_{n=0}^{\infty} \alpha_n \beta_n < \infty$ , there have to be infinitely many indices  $n_k$  for which

$$|\langle x^*, T^{n_k} x \rangle| \geq \alpha_k.$$

This proves the theorem. ////

In the case of a positive operator on a Banach lattice the full weak analogue of the Theorem holds. This is the content of our next result.

**Theorem 2.3.** *Let  $T$  be a positive operator on a real or complex Banach lattice with  $r(T) = 1$ . Then for each  $\epsilon > 0$  and  $\alpha \in c_0$  of norm one, there exist norm one vectors  $0 \leq x \in X$  and  $0 \leq x^* \in X^*$  such that*

$$\langle x^*, T^n x \rangle \geq (1 - \epsilon)|\alpha_n|, \quad n = 0, 1, 2, \dots$$

*Proof:* We may assume that  $\alpha_n \downarrow 0$ . Also, we may assume that  $X$  is complex. Indeed, if  $X$  is real we consider the complexification  $T_{\mathbb{C}}$  on  $X_{\mathbb{C}}$ , and observe that positive vectors in  $X_{\mathbb{C}}$  in fact belong to the real part  $X$ .

Choose  $\delta > 0$  such that  $(1 + \delta)^{-2}(1 - \delta) \geq 1 - \epsilon$ . By considering approximate eigenvectors, it is easy to see (cf. [N, Lemma 2.1]) that for each  $N \in \mathbb{N}$ , there exist norm one vectors  $0 \leq x_N \in X$  and  $0 \leq x_N^* \in X^*$  such that

$$\langle x_N^*, T^n x_N \rangle \geq 1 - \delta, \quad n = 0, 1, \dots, N.$$

The proof can now be given along the lines of Lemma 1.1; the positivity simplifies the argument.

Choose  $m$  such that  $\sum_{n=0}^{\infty} 2^{-mn} \leq 1 + \delta$ . For each  $k = 0, 1, \dots$ , let

$$N_k = \max\{n \in \mathbb{N} : \alpha_n \geq 2^{-2mk}\},$$

and choose norm one vectors  $0 \leq x_k \in X$  and  $0 \leq x_k^* \in X^*$  such that

$$\langle x_k^*, T^n x_k \rangle \geq 1 - \delta, \quad n = 0, 1, \dots, N_{k+1}.$$

Set  $x = (1 + \delta)^{-1} \sum_{k=0}^{\infty} 2^{-mk} x_k$  and  $x^* = (1 + \delta)^{-1} \sum_{k=0}^{\infty} 2^{-mk} x_k^*$ . Then both  $x$  and  $x^*$  are positive vectors of norm  $\leq 1$ . Fix  $n \in \mathbb{N}$ . If  $0 \leq n \leq N_0$ , then

$$\langle x^*, T^n x \rangle \geq (1 + \delta)^{-2} \langle x_0^*, T^n x_0 \rangle \geq (1 + \delta)^{-2}(1 - \delta) \geq 1 - \epsilon = (1 - \epsilon)\alpha_n.$$

We used that  $\alpha_n = 1$  for  $n = 0, \dots, N_0$ . If  $n \geq N_0 + 1$ , say  $N_j + 1 \leq n \leq N_{j+1}$  for some  $j$ , then  $\alpha_n \leq \alpha_{N_j+1} < 2^{-2mj}$  and consequently,

$$\langle x^*, T^n x \rangle \geq 2^{-2mj} (1 + \delta)^{-2} \langle x_j^*, T^n x_j \rangle \geq 2^{-2mj} (1 - \epsilon) \geq (1 - \epsilon)\alpha_n.$$

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Theorem 2.3 fails for arbitrary operators, at least in the case of real scalars. Indeed, we have the following counterexample in  $X = \mathbb{R}^2$ .

**Example 2.4.** Let  $\gamma \in [0, 2\pi)$  be a number such that  $\gamma/(2\pi)$  is irrational. Let  $T_\gamma$  be rotation over  $\gamma$  in  $X = \mathbb{R}^2$ . Let  $C > 0$  be an arbitrary real number. For  $x, y \in \mathbb{R}^2$  on norm one, let  $n(x, y)$  denote the first integer such that

$$|\langle T_\gamma^n x, y \rangle| < \frac{C}{2}.$$

Because the orbit  $n \mapsto T_\gamma^n x$  is dense in the unit circle by the assumption on  $\gamma$ , the numbers  $n(x, y)$  indeed exist. We claim that

$$N := \sup\{n(x, y) : \|x\| = \|y\| = 1\} < \infty.$$

Indeed, suppose not. Then for each  $n \in \mathbb{N}$  there are  $x_n, y_n$  of norm one such that

$$|\langle T_\gamma^k x_n, y_n \rangle| \geq \frac{C}{2}, \quad 0 \leq k \leq n.$$

Choose a subsequence  $(n_j)$  such that  $x_{n_j} \rightarrow x$  and  $y_{n_j} \rightarrow y$ , and fix  $k$ . Then for all  $j$  such that  $n_j \geq k$  we have

$$\begin{aligned} |\langle T_\gamma^k x, y \rangle| &\geq |\langle T_\gamma^k x_{n_j}, y_{n_j} \rangle| - |\langle T_\gamma^k x_{n_j}, y_{n_j} \rangle| \\ &\quad - |\langle T_\gamma^k (x - x_{n_j}), y \rangle| - |\langle T_\gamma^k x_{n_j}, y - y_{n_j} \rangle|. \end{aligned}$$

Letting  $j \rightarrow \infty$  we obtain

$$|\langle T_\gamma^k x, y \rangle| \geq \frac{C}{2}, \quad \forall k \in \mathbb{N}.$$

This contradicts the finiteness of  $n(x, y)$ . Now let  $\alpha \in c_0$  be the vector

$$\alpha = (1, 1, \dots, 1, 0, 0, \dots),$$

where  $\alpha_n = 1$  for  $0 \leq n \leq N$  and  $\alpha_n = 0$  for  $n > N$ . Then for *all* norm one vectors  $x, y \in \mathbb{R}^2$  there is a  $k = k(x, y) \in 0, \dots, N$  such that

$$|\langle T_\gamma^k x, y \rangle| < C|\alpha_k|.$$

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As it turns out, this example works because  $T_\gamma$  is unitary. To see why, we need some terminology. Let  $H$  be a real or complex Hilbert space. An operator  $T$  on  $H$  is called an *isometry* if  $\|Tx\| = \|x\|$  for all  $x \in H$  or equivalently, if  $T^*T = I$ . The operator  $T$  is called an *unilateral shift* if there is an orthogonal decomposition  $H = \bigoplus_{n \in \mathbb{N}} H_n$  such that  $TH_n \subset H_{n+1}$  and the map  $T : H_n \rightarrow H_{n+1}$  is an isometry for all  $n \in \mathbb{N}$ . In the following lemma we use the so-called *Wold decomposition*: If  $T$  is an isometry on a Hilbert space  $H$ , then there is an orthogonal decomposition  $H = H_0 \oplus H_1$  with  $TH_i \subset H_i$ ,  $i = 0, 1$ , such that  $T_0 := T|_{H_0}$  is unitary and  $T_1 := T|_{H_1}$  is an unilateral shift. For a proof we refer to [SF], Theorem 1.1.

Now we have the following result: *Let  $T$  be a non-unitary isometry on a real or complex Hilbert space  $H$ . Then for all  $\epsilon > 0$  and  $\alpha \in c_0$  of norm one, there exist norm one vectors  $x \in H, y \in H$ , such that*

$$|\langle T^n x, y \rangle| \geq (1 - \epsilon)|\alpha_n|, \quad \forall n \in \mathbb{N}. \quad (*)$$

Indeed, let  $H = H_0 \oplus H_1$  be the Wold decomposition. Since  $T$  is not unitary,  $H_1$  is non-empty. By considering the restriction of  $T$  to  $H_1$ , we therefore may assume that  $T$  is an unilateral shift on  $H$ .

Let  $H = \bigoplus_{n \in \mathbb{N}} H_n$  be an orthogonal decomposition of  $H$  such that  $T : H_n \rightarrow H_{n+1}$  is an isometry. Fix an arbitrary norm one vector  $x_0 \in H_0$  and put  $x_n := T^n x_0$ . The closed linear span of  $\{x_n : n \in \mathbb{N}\}$  is isometric to  $l^2$  and the restriction of  $T$  to this span acts as the shift on  $l^2$ . Therefore, we can apply Theorem 2.3.

In fact, inspecting the proof of Theorem 2.3 for the shift operator on  $l^2$ , it is not hard to see that in fact we can find an  $0 \leq x \in l^2$  of norm one such that  $\langle T^n x, x \rangle \geq (1 - \epsilon)|\alpha_n|$  for all  $n$ . This implies that one can even achieve  $x = y$  in (\*).

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